

# BAKER COLLEGE STUDENT LEARNING OUTCOMES

### **PTA2120 Applied Clinical Anatomy**

#### **4 Semester Credit Hours**

## **Student Learning Outcomes and Enabling Objectives**

- 1. Describe the anatomical and structural properties of the musculoskeletal system of the human body.
  - a. Discuss the human body using directional, positional and regional terminology.
  - b. Distinguish the major muscles, tendons, ligaments, bones and joints.
  - c. Classify major bones and joints based on structure and function.
  - d. Identify the origin, insertion, innervation and action of major muscles.
- 2. Demonstrate accurate identification of surface anatomy landmarks and appropriate palpation of anatomical structures.
  - a. Implement appropriate patient handling and preparation for palpation.
  - b. Determine the primary bony landmarks for each region of the body.
  - c. Perform palpation of superficial bony landmarks and major muscles.
- 3. Compare and contrast osteokinematics and arthrokinematics of each diarthrodial joint.
  - a. Distinguish osteokinematics, planes and axes of movement of the body.
  - b. Explain the convex-concave rule of joint arthrokinematics.
  - c. Examine normal arthrokinematics of major joints of the body.
- 4. Describe the kinetic and biomechanical principles of human movement.
  - a. Discuss the relationship between physical laws and biomechanical principles of movement.
  - b. Identify agonist, antagonist and synergists of movement at each joint.
  - c. Describe various types of muscular contraction and the length-tension relationship of muscles.
  - d. Differentiate between open and closed kinetic chain movements of the upper and lower extremities.
  - e. Differentiate between active and passive insufficiency and relate how these principles apply to intervention.
- 5. Explain the basic principles of posture
  - a. Describe optimal alignment of body structures in various postures.
  - b. Recognize common postural faults.
  - c. Discuss the potential impact of postural faults on the musculoskeletal system.

- 6. Analyze the components of the gait cycle.
  - a. Define key terminology as it relates to the gait cycle.
  - b. Describe the muscle activity and joint motions at various phases of the gait cycle.
  - c. Examine the effect of musculoskeletal impairments on abnormal gait.

## **Big Ideas and Essential Questions**

#### **Big Ideas**

- Musculoskeletal system
- Surface anatomy
- Joint movement
- Biomechanics
- Posture
- Gait Cycle

#### **Essential Questions**

- 1. What role do muscles, ligaments and cartilage play in the human body?
- 2. Why is identification and palpation of surface anatomy essential to Physical Therapist Assistant practice?
- 3. How are joints classified by both structure and function?
- 4. How can biomechanical principles be utilized to improve skill performance?
- 5. How does posture affect the structure and function of the musculoskeletal system?
- 6. How do bones, muscles and joints work together to enable movement and locomotion?

These SLOs are not approved for experiential credit.

Effective: Fall 2022